

HAHA QUARTERLY

HARNESSING THE POWER OF HORSES TO TRANSFORM THE HUMAN SPIRIT

FIRST ANNUAL HOPS & HORSES FOR HEROES A SUCCESS!

The first annual Hops and Horses for Heroes took place June 22 to inform the Topeka community about Equus Bellator, HAHA's new therapy program for first responders and armed service members. The event was a collaboration with local Topeka Brewery, Happy Basset, who hosted it at their new location, which will be opening in 2020 off of Topeka Boulevard and 49th Street.

Despite a thunderstorm in the evening, the event was a success, with live music from three bands, two food trucks, yard games, and HAHA's two Clydesdales, Gus and Murphy. Thank you to Happy Basset, especially Eric Craver and Kristin Hurst, KSNT and WIBW, Beer Paws, and all who participated and donated!



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★ \$2,540.00 ★

Brett Sidesinger and WIBW reporter visit Gus and Murphy at Hops at the new Happy Basset location.

FIFTH ANNUAL HOGS & HORSES BRINGS ALL THE HARLEYS TO THE YARD

Despite the clouds and drizzle, the Fifth Annual Hogs & Horses Poke Run was a wonderful success, bringing in over \$3,000 for the program. The stops this year included DJ's Bar & Grill, 4th & Elm Bar & Grill, Mikey's Bar & Grill, Blushed Gun Shop, and Victoria's. Thanks to all the riders who came out, to Kim Moran for the food, and especially to JW Patterson and Kellie Bartow for organizing this annual event. Another round of thanks goes out to our sponsors and donors, including:

Kaw River Punishers LEMC
Blushed Gun Shop
Victoria's
Streetline Motorsport
Gina Constant



VOLUNTEER SPOTLIGHT: KRISTEN JOHNSON



Kristen Johnson is one of our therapeutic riding instructors. She has been volunteering with HABA for more than 3 years. When she's not volunteering with our program, she uses her spare time to ride and work her horse, Buddy.

Her favorite part of volunteering is seeing the change in the clients from the time that they come in til the time they graduate. She says, "I am amazed each day at what I see happening with the client and their horse. My other favorite part of volunteering is being able to work with the horses." She also has these words for others considering volunteering: "...This is a life-changing experience. To be able to see how the horse reacts to what the client is feeling is amazing to watch. To be able to be a part of the client's growth is a humbling experience."

MEET THE MINIS!

ROWDY

Rowdy is the newest member of our herd of minis. He was donated to our program in July and belongs to Mariah Sidesinger's herd. He is a right brain introvert. To become partners with Rowdy, he needs patience and someone willing to listen to what he needs. If you take the time to understand him, he will stick by your side. Rowdy likes to be told hello when passing by his paddock, and he will even say hello back with a nicker and squeal. Rowdy's motto is, "Do not listen with the intent to reply, but with the intent to understand."



FROSTY

Frosty joined the HAHA program in the summer of 2018. He is a member of Lisa Bruner's herd and her son Charlie's first pony. He is a right brain extrovert. Frosty requires his partners to stay focused and on task. He enjoys back massages and scratches. When you get his itchy spot, he will sway back and forth with contentment. Frosty's motto is, "Where focus goes, energy flows."



HARLEY

Harley is a miniature donkey owned by Mariah Sidesinger. True to his breed, Harley has a tough exterior and a strong stubborn streak; however, underneath is a sweet and loving animal simply looking for safety and comfort. Harley doesn't see size as a weakness and thoroughly enjoys rough play with our other horses. Amigo is his best friend, and Harley behaves a lot like a little brother playing with older siblings.



OPPORTUNITIES TO GIVE

Our 2019 Fundraising Goal is to raise at least \$15,000, which is about 25% of the cost of the program. Our two major fundraisers have brought in almost \$6,000, and we have received some individual contributions through Facebook and PayPal. However, as of the end of October 2019, we are still about halfway shy of our goal. The following are ways you can help contribute to our program, and provide us much needed support:

- Sign up for Amazon Smile and Dillon Rewards (See our [Fundraisers page](#))
- Create Facebook fundraising campaigns
- Contribute to **Giving Tuesday** on December 3, via Facebook or PayPal
- Purchase items from our [Amazon Wishlist](#)
- Send monthly donations via PayPal (See our [Donations page](#))

NEW LOGOS!

Thanks to the generosity and creativity of Kyle Batson, a local web and graphic designer, Hope and Healing Academy and the Equus Bellator program have new logos!

You'll see the new logo on the sign at the end of the driveway, which was made and partially donated by Custom Sheet Metal. Keep an eye out on our Facebook page for order forms for HAAHA t-shirts, sweatshirts, and beanies!



UPCOMING DATES

GIVING TUESDAY (ONLINE)
DECEMBER 3

UPCOMING BARN BREAKS
OCTOBER 28-NOVEMBER 3
DECEMBER 23-JANUARY 2

